Six County Resource Guide

United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.

**Abuse, Neglect & Sexual Assault**

**Adult Protective Services** helps prevent or stop abuse, neglect and exploitation of vulnerable adults; 1-800-371-7897.

**Child Abuse and Neglect Reporting Line:** 1-855-323-3237

**Child and Family Services** investigates child abuse and neglect cases and offers family and youth services.

- Nephi (Juab County): 435-623-7207
- Delta (Millard County): 435-864-3869
- Manti (Sanpete County): 435-835-0780
- Richfield (Sevier/Piute/Wayne Counties): 435-896-1250

**Center for Women and Children in Crisis** is a resource for victims of abuse and domestic violence; Nephi and Ephraim 435-851-3633.

**New Horizons Crisis Center** provides shelter and advocates for victims of domestic abuse and violence.

- Bicknell: 435-201-0493
- Ephraim: 435-851-3633
- Fillmore: 435-406-4683
- Richfield: 435-896-9294

**Utah Court Appointed Special Advocates for Children** provides advocates for abused, neglected, and/or abandoned children within the legal system; 435-531-6631.

**Children’s Justice Center** provides a safe environment for children while being interviewed regarding alleged abuse.

- Sanpete County: 435-283-3120
- Sevier County: 435-893-0488

**Crisis Intervention**

**Domestic Violence Information Line** provides a 24-hour information and referral on domestic violence issues; 1-800-897-5465.

**National Suicide Prevention Hotline:** 1-800-273-TALK (8255)

**Central Utah Counseling Center** provides an after-hours emergency mental health service line for callers in crisis; 1-877-469-2822.

**Rape Crisis Line:** 1-800-656-4673

**Employment Services**

**Department of Workforce Services** provide employment help, and job training; 866-435-7414 call 2-1-1 to find a local office.

**Utah State Rehabilitation Services** provides vocational rehabilitation and employment services for individuals with a disability.

- Ephraim: 435-283-6501
- Delta: 435-864-2509
- Richfield: 435-896-1470

**Food Assistance**

**Central Utah Food Sharing** provides emergency food assistance for needy persons without other resources.

- Nephi (Juab County): 4453-610-0757
- Delta (Millard County): 435-864-2089
- Fillmore (Millard County): 435-864-2089
- Richfield (Sevier County): 435-896-5225
- Junction (Piute County): 435-896-5225
- Bicknell (Wayne County): 435-691-3923
- Hanksville (Wayne County): 435-201-3881

**Eureka Mobile Food Pantry** provides grocery items on the 4th Wednesday of the month. For more information, see www.utahfoodbank.org or call 801-887-1242.

**Women, Infants and Children (WIC)** offers nutritional counseling and food assistance for families; 1-877-942-5437.

**Department of Workforce Services** provides food stamps/EBT cards; 866-435-7414 x3.

Access 2-1-1 Utah on Instagram, online, and apps available for download.
Educational Services for Adults

Utah Adult Education Services provides programs to adults to further education; 801-538-7500.

Healthcare

Children’s Health Insurance Program (CHIP) provides children access to healthcare. Call your local DWS office for eligibility; 866-435-7414 x3.

Circleville Clinic in Piute County provides healthcare to persons of all income levels; 435-577-2958.

Fountain Green Medical Clinic in Sanpete County accepts most insurances and offers discounts for complete payments within 30 days; 435-445-3301.

Nephi Medical Clinic in Juab County accepts most insurances and offers discounts for complete payments within 30 days; 435-623-3200.

Medicaid; 1-800-662-9651

Medicare; 1-800-MEDICARE

NeedyMeds is an online information resource that provides assistance to people who are unable to afford their medications; 1-800-503-6897 or visit needymeds.org

FamilyWize provides a prescription drug discount card at no cost; 1-866-810-3784 or visit familywize.org.

Wayne Community Health Center provides general medical care.

   Bicknell; 435-425-3744
   Hanksville; 435-542-3281

Parenting and Family

Head Start Program increase social competence of pre-kindergarten children in low income families.

   Juab County; 435-623-0941
   Sevier County; 800-841-2867 x5
   Piute County; 435-630-0089

Help Me Grow provides an information and referral line to connect families to resources. They also provide developmental screenings; 2-1-1 or 801-691-5322.

Central Utah Public Health Department - Parents as Teachers provides home visits focused on parent-child interactions and building protective factors within the family; 435-896-5451.

Family Support Center of Southwestern Utah supports parents and guardians with respite care, parenting skills classes, and more; 435-896-4256.

Utah State (USU) Extension Service provides educational materials and parenting skills classes.

   Juab County; 435-623-3450
   Sanpete County; 435-283-3472
   Sevier County; 435-893-0470
   Piute County; 435-577-2901
   Wayne County; 435-836-1312

Sheltering & Housing Services

Six County Association of Governments offers a list of low-cost rental listings in the six county area. Depending on funding, they may be able to help with rent payment and rental deposit assistance; 435-893-0700.

New Horizons Crisis Center in Richfield provides shelter and advocates for victims of domestic abuse.

   Richfield; 435-896-9294
   Ephraim; 435-851-3633
   Fillmore; 435-406-4683
   Bicknell; 435-201-0493

Community Housing Services resources for affordable housing throughout the state; 801-328-1050.

Weatherization provides energy conservation programs through Six County Association of Governments; 435-893-0700.

Disability

Ability 1st in Ephraim empowers people with disabilities to live independently through education and provides disability resource information; 435-283-4949.

Learning Disabilities Association of Utah supports individuals with learning disabilities and the people who work with them; 801-553-9156.

Senior Citizen Services

Six County Area Agency on Aging provides in-home services and advocacy for the elderly; 435-893-0700.

Meals on Wheels through the Six County Association of Governments provides lunchtime meals for qualifying seniors; 435-893-0700.

Substance Abuse and Addiction Treatment

Alcoholics Anonymous helps alcoholics and their families overcome alcoholism; 801-484-7871.

MATR Behavioral Health in Mount Pleasant provides outpatient and inpatient substance abuse services; 435-462-2781.

Central Utah Counseling Center provides substance abuse counseling services, county specific contact information is the same as listed under Counseling & Mental Health.

Utility Assistance

H.E.A.T. provides winter home heating assistance and year-round energy crisis intervention for eligible low-income households. Contact through the Six County Association of Governments; 435-893-0700.

Legal Services

Utah Legal Services provides statewide representation to low-income individuals in domestic, civil and public issues; 1-800-662-4245.

Financial Assistance

Office of Recovery Services helps collect child support and alimony; 801-536-8500.

Money Management International offers a 24-hour hotline for free individualized financial counseling; 866-531-3442.

VITA provides free tax preparation from Jan-April; visit utahtaxhelp.org.

Updated July 2018

For more information and assistance, call 2-1-1 or text your zip code to 898211.