

COMMUNITY CALENDAR

May

- 29 Eldred Senior Center Honor 90+ Day @ Eldred Senior Center
- 30 Lamb and Wool Festival @ Thanksgiving Point, 3-8 pm
- 31 Lamb and Wool Festival @ Thanksgiving Point, 7 am-8 pm

June

- 6 Hershey's Track and Field Youth Program @Mountain View HS, 9:30 am
- 7 Nestle 5k Run @ Springville High School, 7:30 am
- 10-11 Habitat for Humanity Orientation Meeting @ 815 S. Freedom @ 6:30pm
- 13 Habitat for Humanity Orientation Meeting @ 815 S. Freedom @ 1:30pm
- 13 Orem SummerFest @ Orem City Park, 2-9 pm
- 14 Orem SummerFest @ Orem City Park
- 28 6th Annual 5K Run for CUCIL @ 763 N. 1650 W. Springville

“A day wasted on others is not wasted on one's self. “
-Charles Dickens

June's Host:

LDS Employment Services
1415 N. State Street
Provo

Thursday, June 17
3 pm

D I D Y O U K N O W ?

- The first members of Habitat for Humanity and Community Action Services and Food Bank new Utah Valley's Getting Ahead Program graduate this month. The graduation ceremony will be on Wed, May 21 at 7:30 pm at 5485 N. River Run Drive in Provo.
- Partners for Infants and Children is a council that meets to collaborate and identify the needs of young children and their families, and then work to address those needs through existing programs. They meet monthly on the 2nd Thursday of each month from 12-1pm. For more information or to become involved in this council, please contact Barbara Leavitt, United Way's Welcome Baby Coordinator, at 691-5304.
- Centro Hispano offers a MicroBusiness program that is a nonprofit micro-credit organization that promotes self-reliance through training, mentors and loans. It is the only business training and micro-loan program that targets the Hispanic community in Utah County. The program is currently looking for mentor volunteers. To become a volunteer, contact Centro Hispano at 373-8200 ext. 224



United Way of Utah County
Information & Referral
P.O. Box 135
Provo, UT 84603

CONNECTIONS



AN INTERAGENCY NEWSLETTER FROM UNITED WAY OF UTAH COUNTY

MAY 2008

BYU COMPREHENSIVE CLINIC

BYU Comprehensive Clinic offers a wide range of services including a mental health clinic, audiology clinic, and speech and language clinic. The clinic serves the entire Utah County community.

Therapy is offered in more than 15 languages, with 10 percent of the clients being Spanish speaking last year.

Group counseling is available for premarital issues, marriage enhancement, parenting and divorce adjustment. The cost of group and individual therapy sessions is only \$15 per session, with most attending around 6 to 8 sessions. If the cost is a financial burden, the clinic will make adjustments, so that those who are in need of their services will be able to receive them.

Since the BYU Comprehensive Clinic is a training school, those that provide the individual and group therapy are graduate

students in clinical psychology, marriage and family therapy, and social work who work closely under faculty supervision.

In addition to therapy, the clinic also offers assessments for psychological, neuropsychological, and development.

Research opportunities are available in marriage and health, and eating disorders.

The goal of the clinic is to help heal relationships, through counseling, parent training, and coaching.

Most clinic patients are recommended by friends and family members who have used the services of the BYU Comprehensive Clinic in the past.

Many people in our community benefit from being able to receive the needed help at an affordable price for all.



Summer of Service

The United Way of Utah County Volunteer Center has designed a program to encourage youth under age 18 to serve in their community.

Through this program, youth are invited to participate in organized group service projects and are provided with a list of volunteer opportunity ideas at local organizations. Youth are also encouraged to get involved by tutoring a child, organizing a food drive or helping an elderly neighbor.

For Summer of Service, youth will need to complete at least 10 service hours and record a reflection on at least one service activity. Youth who complete the program will be invited to a celebration event.

If your agency has youth who would like to participate, or if your agency has volunteer opportunities for youth, please contact United Way of Utah County 2-1-1 or 374-2588.