

COMMUNITY CALENDAR

March

- 27 Eagle Scouts as Volunteers Workshop @ Boy Scouts of America, 10 am
- 27 Free Tax Preparation Class @ Dixon Middle School, 5 – 8 pm
- 28 BYU Conference on Family Life: Strengthening Families in a Troubled World @ BYU Conference Center, 9 am – 6 pm
- 29 Boys and Girls Club 10K @ Boys and Girls Club, 9 am

April

- 2 Volunteer Recruitment Fair @ SCERA Cultural Center, 10 am – 1 pm
- 2-3 “Garden of Hope” Health Screening for Women over 40 @ Utah County Health Department, 8:30 am – 12 pm
- 17 Connections Council @ Vantage Point Youth Service Center, 3 pm
- 28 Día de los Niños @ Provo City Library, 7 pm
- 29-30 Utah Commission on Volunteers Conference @ BYU Alumni House, Marriott Center & Provo Marriott Hotel

"A life is not important except in the impact it has on other lives."

-Jackie Robinson

April's Host:

**Vantage Point Youth
Service Center
1161 E. 300 N.
Provo, UT**

**Thursday, April 17
3 pm**

D I D Y O U K N O W ?

- Women 40 years old and over are invited to a “Garden of Hope” Health Fair on April 2 & 3. The event will take place at the Utah County Health Department, 151 S. University Ave. in Provo, from 8:30 am – 12:00 p.m. Attendees who meet program guidelines can get a cancer health screening exam at little or no cost. Skin cancer, vision, blood pressure, blood glucose, blood oxygen and chiropractic screenings will be offered for free. Please call 851-7031 for an appointment.
- April is Sexual Assault Awareness Month, and this year's Awareness Day of Action is April 3. Communities, programs, and agencies will observe the Day of Action and participate in raising awareness and prevention activities. You can organize an event at your workplace. For information on the campaign, including graphics and an online calendar from the National Sexual Violence Resource Center, is available at www.nsvrc.org/saam.
- The BYU Marriot School of Management has announced that Joan Dixon will receive the 2008 William G. Dyer Distinguished Alumni Award. Joan will be honored at the Annual Organizational Behavior/Human Resources Recognition Banquet on April 3. All are welcome to come and honor Joan and her great work in the community. To purchase a ticket, call 422-2664.

**United
Way**



**United Way of Utah County
Information & Referral
P.O. Box 135
Provo, UT 84603**

CONNECTIONS



AN INTERAGENCY NEWSLETTER FROM UNITED WAY OF UTAH COUNTY

MARCH 2008

DIVISION OF SUBSTANCE ABUSE

The Utah County Division of Substance Abuse provides prevention, assessment, referral and treatment services for our community.

Prevention Services for youth are provided through contracts with Alpine, Provo, and Nebo school districts.

Prevention services for young adults are provided through Utah Valley State College. The division also maintains a community resource library complete with pamphlets and other resource materials as well as educational

videotapes that may be checked out by Utah County residents. The Prevention program also has speakers available to talk to community groups on a variety of substance abuse related topics.

The division also advocates for substance-abuse prevention issues. Recently, the Division of Substance Abuse was influential in moving alcopops out of grocery stores and into liquor stores. Alcopops look and taste like soda and are often marketed toward youth. Moving alcopops out of the stores was a big victory for the Division of Substance Abuse.

Other campaigns of the Division of Substance Abuse are "The Truth about

Energy Drinks," EASY, and "Clean Out the Cabinet." The energy drink campaign informs our community about the unhealthy levels of caffeine found in many energy drinks. EASY (Eliminate Alcohol Sales to Youth) is a program that

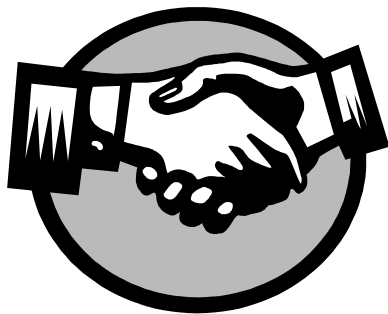
trains cashiers to avoid selling alcohol to underage buyers.

"Clean Out the Cabinet" is an initiative to educate the public about preventing prescription drug abuse. Because Utah currently leads the

nation in prescription drug abuse, the division encourages safe disposal of prescription drugs.

The Division of Substance Abuse also has a Youth Council. The group focuses on service, anti-violence and substance abuse issues. The group meets 1-2 times each month to plan service projects and awareness activities. Recently, it was influential in the alcopop campaign at the state legislature.

For more information about Utah County Division of Substance Abuse prevention programs, call 851-7176. Call 851-7128 for general substance abuse assessment.



Prescription Discount Card

The Utah County Prescription Discount Card allows individuals to buy prescription medications at participating pharmacies for a discounted price. The discounted cost is available for prescription medications that are not already covered by insurance.

The card is free and available to *all* residents of Utah County, regardless of income or age. There are no enrollment forms or membership fees.

To use your card, simply present your card at a participating retail pharmacy and save an average of 20 percent on prescription drugs. There are no restrictions and no limits on how many times you may use the card.

Pick up a prescription discount card at United Way of Utah County or at the Utah County Health Department. Visit www.utahcountyhealth.org for frequently asked questions.

Connections is published by United Way of Utah County 211 Information & Referral. Individuals who receive *Connections* are asked to share the newsletter with others within the office who work with clients or make referrals to other human service agencies. Feel free to post the newsletter in your office or distribute it at staff meetings. Please send any information to be published in *Connections*, including calendar items, by the 15th of each month to United Way of Utah County 211 Information & Referral, P.O. Box 135, Provo, UT 84603 or connections@unitedwayuc.org or call 377-6600.