

COMMUNITY CALENDAR

July

- 26 Cedar Hills Parade @ 4600 West, 9 am
- 31 United Way's Summer of Service@ Provo Cemetery, 9-11 am
- 31 Free Home Maintenance Class @ Habitat ReStore, 6:30 pm

August

- 4 Provo's Movie in the Park @ Pioneer Park, 8:30 pm
- 5 Evening of storytelling @ Alpine's Legacy Park, 7 pm
- 9 Alpine Days Fireworks Show @ Burgess Park, 9:45 pm
- 11 Provo's Movie in the Park @ Pioneer Park, 8:30 pm
- 16 Provo's Farmer's Market @ Pioneer Park, 9 am

"If you look for the bad in people expecting to find it, you surely will."
-Abraham Lincoln

August's Host:

**Hispanic/Latino Outreach
UVU Multicultural Center
Thursday, August 21
3 pm**

D I D Y O U K N O W ?

- Alpine School District now provides home drug testing kits for only \$5 to individuals 21 years old or older with photo ID. This service is intended for parents who wish to be more proactive in helping their students be successful. For more information, contact Alpine School District Student Support Services at 801-756-8518.
- Nebo School District offers an English-as-a-second-language program. The program's focus is nonnative English speakers to become literate in English communication. This is achieved through life-skill curriculum for speaking, reading, writing and listening. Basic to advanced classes are offered on Tuesdays and Thursdays from 6 to 9pm at 570 S. Main St. in Springville. Individuals interested can simply go to one of the classes to sign up.
- Nebo School District now offers a Drivers' Education course for the Spanish-speaking population. The class is taught in English with Spanish reading materials. Students must be over 18 years old. Registration and payment are both done in class. The cost is \$150 for 12 sessions and may be paid in increments (\$25 per week). To find out when the next class will begin call Linda Mortensen at (801) 489-2833.

**United
Way**



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CONNECTIONS



AN INTERAGENCY NEWSLETTER FROM UNITED WAY OF UTAH COUNTY

JULY 2008

CENTRAL UTAH CENTER FOR INDEPENDENT LIVING

Central Utah Center for Independent Living (CUCIL) is an agency dedicated to empowering people with disabilities to reach their full potential.

The agency assists people with disabilities through maximizing their personal independence and minimizing their reliance with peer support, advocacy and education.

Anyone with a physical, sensory, cognitive or mental disability is eligible for the services CUCIL provides. It serves Juab, Sanpete, Utah and Wasatch counties.

CUCIL's main focus is independent living, which means that individuals have more freedom and choices... it lets people with disabilities take charge of their own lives. CUCIL offers independent living skills training courses on food preparation, household and money management, social and job skills and utilizing public transportation.

In addition, the agency also provides information and referral services concerning disability issues, programs and community programs.

Aside from connecting the population with resources, information and referral also works on public education and outreach. CUCIL provides both self-advocacy and systems change advocacy services for individuals with disabilities. The

former helps the individual to learn the skills needed to acquire services available, while the later teaches the individual "How to initiate change in the system on the local and state level in order to enhance independent living in the community".

Its peer support program brings individuals who faces barriers to living independently together. These support groups aid in overcoming barriers.

Additionally, CUCIL engages in helping people with disabilities receive the assistive technology they need and offers an equipment loan bank program.

For more information about CUCIL please contact the agency at 801-373-5044.



211 Report For June 2008

United Way 211 of Utah County is providing needed information, referrals and opportunities to serve in Utah County every day, and we want you to know about it! In June we had over 5,000 visits to our online database of programs and volunteer opportunities. Fifty-one new people registered to learn more about volunteering.

An overwhelming 54% of volunteers who contacted us by phone or in person were about court-appointed service, so if you've ever considered making opportunities available for this population, contact us!

The top 5 community resources that people called for were housing, food, legal services, outpatient mental health care and transportation. Only 2% of our callers last month were Spanish speaking, this is down from previous months where as many as 7% of calls were from Spanish-speakers.

Connections is published by United Way of Utah County 211 Information & Referral. Individuals who receive *Connections* are asked to share the newsletter with others within the office who work with clients or make referrals to other human service agencies. Feel free to post the newsletter in your office or distribute it at staff meetings. Please send any information to be published in *Connections*, including calendar items, by the 15th of each month to United Way of Utah County 211 Information & Referral, P.O. Box 135, Provo, UT 84603 or connections@unitedwayuc.org or call 377-6600.