

VALENTINE'S DAY

Lesson

In the United States, Valentine's Day is a special day set aside to express one's love to others. It doesn't have to be a time to focus solely on romantic relationships—this is a time to express our love to *all* of our loved ones. This holiday is a great time to send out greeting cards and give gifts. Valentine's Day presents a wonderful opportunity to teach your child about love, relationships, and respect for all.



Outing

Take your child to the store to buy some valentine candy to share with your family and friends. Allow your child to pick out the candy.

Arts & Crafts

Materials: Pink, red, white, and black construction paper, glue, writing utensils, scissors, and envelopes
Description: Help your child cut out hearts using the construction paper. Then write little valentine messages to your loved ones. Mail them out. Try to be creative.



Snack Time

Make a Valentine's Day cake, or using cookie cutters, make heart shaped cookies. You and your child can enjoy decorating either together.

Music Time

Sing to "Row, Row, Row, Your Boat"
Love, Love, Love your Friends,
Love them all year long.
Especially on Valentine's Day,
As we sing this song!

Sing to "Mary Had A Little Lamb"
It's nice to get to a hug from you,
Hug from you, Hug from you.
It's nice to get a hug from you,
So, let's give one right now.
(Hug a friend)

Reading Time

-Valentine's Day Fun!, by Penguin Group, Rosemary Wells
-Corduroy's Valentine's Day, by Don Freeman
-Valentine's Day in Vicarstown, by Wilbert V. Awdry

