

THANKSGIVING

Lesson

Thanksgiving is a holiday for giving thanks. Teach your child about its origins, giving a brief explanation of the Pilgrims and the Native Americans. The Pilgrims had a very difficult time after they got to America, but the following year they were helped by the Native Americans and were able to enjoy a bounteous feast at the first Thanksgiving. Help your child recognize the value of giving thanks to their loved ones.



Arts & Crafts

Materials: Paper, crayons

Make a thank you card with your child! Think of someone to send it to, and talk to your child about why they are thankful for them. Write a note inside, and send it to your selected recipient. Consider encouraging your child to decorate it with Thanksgiving themes, such as turkeys and autumn leaves.

Snack Time

Enjoy something your family typically has at Thanksgiving time, such as turkey sandwiches, rolls, mashed potatoes, or pie!



Activity & Games

Play "I'm Thankful For..." With your child, take turns telling one thing you're thankful for and why you are grateful for it. This will help your child learn the value of expressing their thanks and recognizing the things they enjoy in life.



Reading Time

- Thanksgiving Is For Giving Thanks, by Margaret Sutherland
- Five Silly Turkeys, by Salina Yoon
- The Thanksgiving Story, by Alice Dalgliesh