

ST. PATRICK'S DAY

Lesson

St. Patrick's Day began as a religious holiday, but today it is mostly celebrated as a time to wear green and participate in Irish activities. Themes such as good luck, leprechauns, shamrocks, pots of gold at the end of rainbows, and more are celebrated. Teach your child about whatever traditions you choose. Consider showing them Ireland on a map in order to promote global awareness.



Arts & Crafts

Materials: Green acrylic paint, paper, crayons or markers

Make shamrocks by making three or four of your child's handprints on the paper. Dip the child's hand in green paint, press it onto the paper, and repeat two or three times. Let your child decorate the remainder of the picture after it dries. This will be a fun keepsake that demonstrates the child's hand size.



Snack Time

Enjoy green snacks! You can enjoy naturally green foods such as celery, green grapes, pistachio pudding or honeydew. You can also add green food coloring to your own creations to make green pancakes, milk, cupcakes, and more.

Activity & Games

Take your child outside for a walk if the weather permits. Point out everything green you can see, and ask them what green things they can see. This is a great opportunity to focus on one color as you celebrate the fun traditions that accompany St. Patrick's Day.



Reading Time

- The Luckiest St. Patrick's Day Ever, by Teddy Slater
- St. Patrick's Day Countdown, by Salina Yoon
- Hooray For St. Patrick's Day!, by Joan Holub

