

LABOR DAY

Lesson

Labor Day is a holiday to celebrate workers. Helping your child learn to work is something that is absolutely vital for their well being. Start giving them developmentally appropriate chores as they master more skills, such as feeding a pet, straightening their room, making their bed, or helping with the dishes. Point out the value of work, emphasizing how work makes it possible for you to buy the things you need and take care of duties to make the home a nice place to be.



Outing

Take your child around your community, and point out all of the people you see working. If you are able to, find a place that will let you come in for a tour, such as a factory. Explain how work helps us in our lives and makes it possible to drive on the road, walk on the sidewalk, eat food, live in your city, etc. Try to show your child as many types of work as possible—office work, construction work, retail work, etc. Ask your child what kind of work they think they would enjoy.



Snack Time

Enjoy a snack that takes a little bit of preparation, such as sandwiches, a fruit smoothie, or some brownies. Make sure your child participates in the preparation, and explain that you get to enjoy a delicious snack because you worked to get it ready, and that if you hadn't worked, you wouldn't be able to have the snack.



Activity & Games

"Job tag" is a fun activity that exposes your child to many different kinds of jobs. In order to play, the person who is "It" chases the other children around trying to tag them. In order to be "safe," the children must sit down and call out a kind of job before being tagged. If they get tagged, they are the new "It."



Reading Time

- Maybe You Should Fly A Jet! Maybe You Should Be A Vet!, by Theo Le Sieg
- The Berenstain Bears On The Job, by Stan & Jan Berenstain
- What's My Job?, by Mary Packard