

# HALLOWEEN

## Lesson

Halloween traditions can be scary for a child. Explain that things like ghosts, witches, and goblins aren't real and that they won't hurt the child. Help your child plan a Halloween costume they can wear. Emphasize the more child-friendly aspects of Halloween, such as autumn leaves, friendly Jack-O-Lanterns, and costumes. Make sure to teach your child about safety and courtesy rules as they trick-or-treat, such as only going to houses you know and always saying thank you.



## Arts & Crafts

Materials: Pumpkin, marker, knife, tea light candles

Make Jack-O-Lanterns with your child! Draw on a desired design with the marker. Cut a circle around the stem and remove. Scoop out the seeds and pumpkin pulp. Cut out the design. Place a tea light in the pumpkin. Light and replace the lid. The effect is especially pronounced at night.

## Snack Time

Make sugar cookies in the shapes of ghosts, cats, pumpkins, witch hats, etc. Help your child decorate them with frosting, Candy Corn™, chocolate chips, Red Hots™, etc.



## Activity & Games

Play Halloween tag. The person who is "it" calls out what everyone must be as they run around (e.g. ghost, monster, witch, bat). Everyone then must act like that Halloween character as they play. The next person to get tagged gets to call out another character.

## Reading Time

- On Halloween Night, by Harriet Ziefert & Renee Andriani-Williams
- Which Witch is Which?, by Pat Hutchins
- Mouse's First Halloween, by Lauren Thompson

