

CHRISTMAS

Lesson

You may have your own unique Christmas traditions that your family enjoys each year. Perhaps you have meaningful decorations or songs. Share these with your child. Teach them about typical Christmas traditions as well as those unique to your family. Teach them that Christmas is a time to focus on giving, not on getting. Help them be more excited about the things they are giving friends and family members than they are receiving. Share the Christmas story with them and talk to them about the true meaning of Christmas. Regardless of your beliefs, teach them about kindness and selflessness.



Outing

During the evening, drive around the neighborhood and look at the Christmas lights and decorations with your child. Emphasize the different colors and shapes you see. Talk to them about Christmas traditions.

Arts & Crafts

Materials: Felt, pipe cleaners, hot glue, photo of your child

Description: Cut Christmas ornament shapes out of the felt. Cut the picture of your child to fit on the ornament. Hot glue it on. Hot glue the pipe cleaner to form a loop on top of the felt, from which you can hang the ornament on the Christmas tree! It will be a great keepsake for your child.



Snack Time

Make gingerbread houses! A simple way to do this is by “gluing” graham crackers to an empty pint-size milk carton with frosting in order to create the basic house shape. Then decorate with frosting and candy to your satisfaction!



Music Time

Take this opportunity to sing Christmas carols with your child. Sing some child-friendly ones such as “Rudolph the Red Nosed Reindeer” and “Frosty the Snowman,” as well as some more serious ones, such as “Silent Night.” Enjoy this singing time with your child. Consider involving the whole family and singing around the lit Christmas tree while sipping hot cocoa!



Reading Time

- How the Grinch Stole Christmas, by Dr. Seuss
- My Willowby's Christmas Tree, by Robert Barry
- Corduroy's Christmas, by Don Freeman