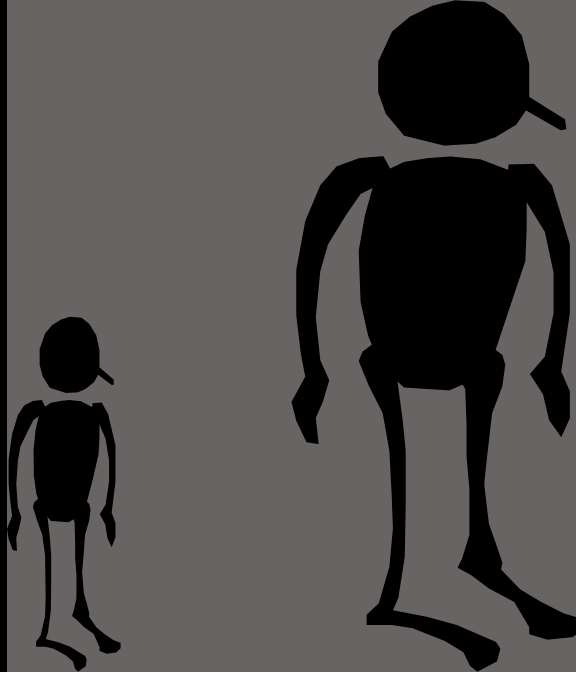


# OPPOSITES

## Lesson

The opposite of up is down, the opposite of left is right, the opposite of hot is cold, etc. We teach children opposites because they need to know that everything is not the same. They need to understand that planes are not always up in the sky, but can also be down on the ground. They need to understand that food isn't always hot, but it has the capacity to be cold. At a young age it may be difficult for your child to really have a handle on opposites, but giving them this foundation is very beneficial to their growing. Learning the basics of opposites will also strengthen your



## Lesson Continued

child's understanding of matching and comparing and contrasting. When given the opportunity to teach opposites, take it without hesitation because repetition is a great way for your child to learn, retain, and remember things.

## Arts & Crafts

Materials: Paper, crayons, and your imagination.

Description: Draw two things that are opposites like a big house and a little house. Point out the difference in size to your child and then color them together.

## Snack Time

To reinforce opposites you can enjoy a warm cup of hot chocolate and allow your child to have a glass of chocolate milk. Yours will be hot and your child's will be cold, but they will, for the most part, have the same taste: chocolate in a liquefied form.



## Outing

Take your child outside and have them touch and observe the things in their environment. Have them touch the ground, trees, leaves, sand, flowers, snow, etc., and describe these different things with words like hard and soft, hot and cold, big and little, etc.



## Reading Time

- Opposites, by Sandra Boynton
- Olivia's Opposites, by Ian Falconer
- Eric Carle's Opposites (The World of Eric Carle Series), by Eric Carle

