

BIRTHDAYS

Lesson

Birthdays are a great way for your child to feel loved and important. You can teach your child about birthdays and birthday celebrations so that they will know what to expect and anticipate when their birthday comes. They will also be able to better appreciate the birthdays of other family members and friends. Talk to your child about birthday traditions such as birthday cakes, presents, special birthday dinners, or any other traditions your family has. Teach them when their birthday is.



Lesson Continued

Teach them that each year on their birthday their age changes because they have lived for one more year. Talk to your child about the day they were born and the events that occurred on that special day.

Arts & Crafts

Materials: Paper, crayons, stickers, markers, and other desired art supplies.

Description: Think of someone the child knows who is having a birthday soon. Help your child make a birthday card for the person and send it in the mail or give it to them.

Snack Time

Make cupcakes with special frosting and sprinkles! Allow your child to decorate their own cupcake, and eat the cupcakes in honor of birthdays.



Activity and Games

Play "Pin the Tail on the Donkey," "Don't Let the Balloon Touch the Ground," or other common birthday party games. You could also let your child get a balloon at the store to bring home for more birthday fun!



Reading Time

- Happy Birthday to You!, by Dr. Seuss
- Curious George and the Birthday Surprise, by H. A. Rey
- A Birthday for Frances, by Russell Hoban

