



Teaching Your Children about Personal Safety

No doubt, it is a very important issue that all parents must address – and one that requires ongoing, open communication with their children. The single most important thing to remember when teaching your children about stranger danger is to instill confidence, rather than fear. You want to equip your child with the knowledge and strategies they will need to protect themselves in dangerous situations. Also, keep your child’s age and maturity level in mind and base lessons upon that.

Again, stranger danger lessons should be ongoing – adapt the conversation as your child grows as he/she is likely to encounter different types of situations.



Who are "strangers"?

First and foremost, children need to understand what you mean by stranger. Not all people unknown to them are necessarily dangerous – they need to understand the difference between “good” and “bad” strangers; an overly simplistic dichotomy, but one that puts the issue in terms a child can understand.

This is important so children understand where and to whom to turn if they are ever lost or feel scared, threatened, or if they think someone may be following them. Examples of “good” strangers may include police officers, security guards, teachers, store clerks, etc. These are all examples of people to turn to if when your child needs help.

On the other hand, in many situations where your child may be approached by a “bad” stranger – the park, residential street, etc. – those easily identifiable people may not be around.

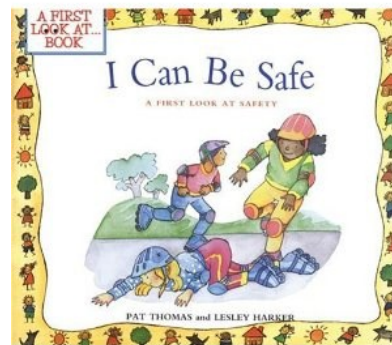
Your child should know that there really are many more “good” people, than “bad.” If they are approached by a “bad” stranger who tries to lure or physically pull them

away, the best thing they can do is get the attention of other adults - whether that is by running to the nearest home, or making enough noise to be heard by someone, the vast majority of adults will help a child in danger.

Resource :

<http://www.mychildsafety.net/stranger-danger.html>

Child Safety Book List

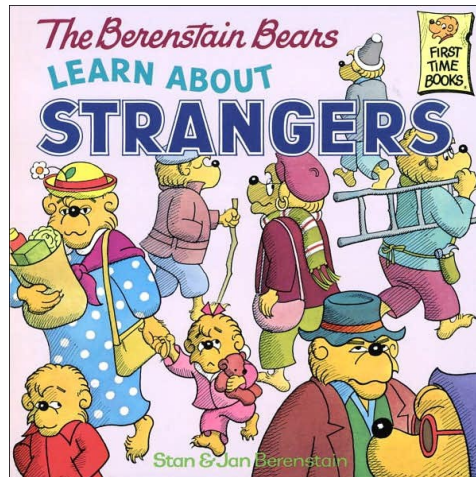
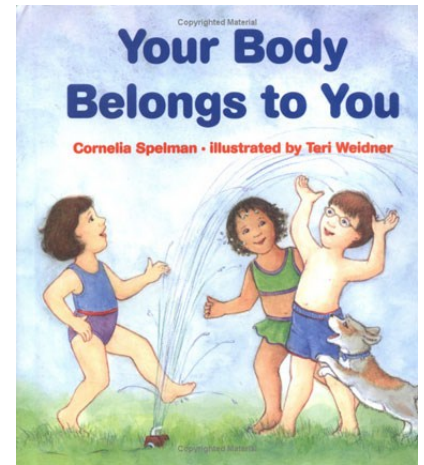


I Can Be Safe: A First Look at Safety (First Look at Books)

[Pat Thomas](#)

Your Body Belongs to You

[Cornelia Maude Spelman](#)



Learn About Strangers

[Stan Berenstain](#)



Fun Halloween Craft Websites



- ◆ <http://familyfun.go.com/halloween/>
- ◆ <http://www.marthastewart.com/photogallery/kids-halloween-crafts>
- ◆ <http://crafts.kaboose.com/holidays/halloween/>

- ◆ <http://www.bhg.com/halloween/crafts/>
- ◆ <http://www.kraftrecipes.com/recipes/holidays-and-entertaining/holidays/halloween/halloween-food>

Fun For The Whole Community



This past month United Way hosted Day of Caring, a community event with over 1300 volunteers. There were 31 projects with many smiling, helpful volunteers. One of the projects that day was a project called: Born Learning Trails. These trails are all throughout Utah County and are lots of fun! Not only can your whole family participate, but you can also incorporate physical activity and developmental activities. These short trails offer ten different activities including shapes, colors, counting, hopscotch, and a fun alphabet caterpillar. Each station includes instructions on how to do the activity and what aspect of development the activity is targeting. Take an afternoon and visit one of these trails before it gets too cold!

- *Bicentennial Park (Provo) 1400 S. 1600 E.
- *Orchard Elementary (Orem) 1035 N. 800 E.
- *Dry Creek Trail (Payson) West Park at Dry Mountain Park\
- *Sports Park (Spanish Fork) 295 W. Volunteer Dr. (950 S. Main Street)
- *Olympic Park (Lehi) 1650 N. 2650 W. -Parkside subdivision
- *IHC DayCare (Provo) 1041 N. 500 W.
- *IHC DayCare-(American Fork)- South of American Fork Hospital
- *Kelvin Grove Park, 1500 S 1400 W Springville
- *Ray Arthur Wing Park, 150 N 950 W Springville
- *Mahogany Park , 650 N 1010 W Pleasant Grove
- *Spring Creek Park, 555 E 600 N Springville

CALENDAR OF EVENTS

- **Pumpkin Patch Hayride- September 19 - October 31, 2011.**
Days of the Week: Monday, Friday, and Saturday
Rowley's South Ridge Farms
300 West 900 South , Santaquin, UT , 801-754-5511
Hours of Operation: 3:30pm-9:00pm M and F, Sat. 10:30-9pm. Price: \$3 Adults, \$2.50 Child under 8. Pick a pumpkin for Halloween. We are excited to share this farm experience with you. While you are here don't forget to try the fresh apple cider in the Barn!
- **Country Farm Fest- October 14 - 22, 2011**
Days of the Week: Thursday, Friday, and Saturday
A Country Farm 4058 W 9600 S, Payson, 801-465-7695
Hours of Operation: 10:00am-9:00pm : **Free Admission** .
This family-oriented event showcases Utah artisans and provides an arts and crafts fair, children's activities, live entertainment, and heritage demonstrations (blacksmithing, sheep shearing, soap making, etc.).
- **Pregnancy Tests-are free at the Health Department clinic.** Walk in any time Monday-Friday from 8:00-4:30, room 1709. 151 S. University Avenue, Provo, Utah 84601.
- **Free parenting workshops!** 12 workshops present key steps in your child's development, demonstrate how to combine media with reading, and hands-on activities to enhance your child's learning. For more information <http://www.kbyutv.org/kidsandfamily/readytolearn/>
- **Have some Halloween family fun and learn more about your child's development Saturday October 29th Utah County Health Department.** Receive a free developmental screening tool, enjoy Halloween-themed play activities with your child. Dress up is optional.



Don't forget to check out Welcome Baby on Facebook and visit our Blog at www.welcomebabyuc.blogspot.com