

WEEKEND VOLUNTEER OPPORTUNITIES

UNITED WAY . . . TOGETHER WE CAN DO MORE

The United Way Volunteer Center is focusing on what matters in Utah County by promoting effective service and connecting community members to volunteer opportunities that will have the greatest impact.



• Build with Habitat for Humanity

Build a house while building a relationship with **Habitat for Humanity**. Builds can also be arranged Saturday mornings; Friday night builds can be arranged if groups are large enough. No construction experience is necessary for many of the activities. Crew chiefs are needed to be in charge of snacks, morning devotionals, safety talks and errands. For more information, contact Jayne at 344-8527.



• MAKE HOMEMADE MEALS FOR RESIDENTS!

Alpine House is a transitional home for individuals with mental illness. Volunteers are asked to supply a menu so Alpine House can buy the ingredients for the meal. Volunteers will make the meal on site for the residents, or donate a meal that can be frozen. In addition, volunteers may also make cookies or play games with the residents. For more information, call JaNae at 885-5982.



• You've Had a Birthday

Make and donate birthday bags with candy and school supplies for local agencies. Couples or groups could also make and decorate birthday cakes that can be frozen. For more information on supplies and treats that may be included, contact **Juvenile Justice Services** (Linda, 491-0118), **Alpine House** (JaNae, 885-5982) or **Utah State Hospital** (Shawna, 344-4254).



• Volunteer at the Scera Theater

Volunteer to be ushers at events and performances for the **Scera Theater** which is a non-profit charitable organization dedicated to the development and advancement of culture, education, recreation and family entertainment. Dates are flexible with a three hour time commitment at each event. For more information, contact Linda at 225-2569.



• MAKE CHILDREN PLAY KITS

Dye macaroni noodles and provide string to make necklaces and bracelets, make homemade play dough or put together other kids' crafts that children can make. Contact **Mountainland Head Start** (Necole, 375-7981).

• Support PARENTS AT KIDS ON THE MOVE

Provide support for families with disabled children by playing games, watching movies and making crafts at **Friday Kids Respite** on Friday nights from 6:00-9:15 p.m. For more information, contact Diane at 368-7036.

• Host a Scavenger Hunt

Organize a scavenger hunt and collect food, hygiene, or school and art supplies. Nonprofit agencies that will benefit are **House of Hope** (373-6562), **Center for Women and Children in Crisis** (374-9351), **Mountainland Head Start** (375-7951), and **Community Action Services** (377-8200). Please call agencies ahead for the list of current needs.

• Have a Night of Story Time

Get together and read books on tape. This could benefit various agencies in the area. For more information, contact the United Way Volunteer Center at 377-6600.

• Make New Friends

Residents at the *Utah State Developmental Center*, who have mental and physical disabilities, love to make friends who will spend time with them doing activities such as singing, playing the piano, reading books, going on walks, playing games or making simple crafts with them. For more information, contact Sherilyn at 763-4008.