

COMMUNITY RESOURCES FOR EDUCATORS

United Way. We Create Quality of Life.

United Way of Utah County Information & Referral provides access to health and human service resources, providing options to help alleviate the challenges accompanying difficult circumstances.

By providing appropriate referrals, we empower individuals to achieve self-sufficiency and, thereby, a better *Quality of Life*.

ABUSE/NEGLECT

- Center for Women & Children in Crisis** is a temporary shelter for women and their children who are seeking independence from domestic violence.....377-5500
- Child Abuse Hotline**.....374-7257
- Children’s Justice Center** is a home-like environment Where child victims of sexual abuse are assessed by professionals.....851-8554
- Children’s Justice Center** offers support groups for children ages 3-12 with sexual behavior problems or who have been traumatized. Groups also available for parents.....370-8554
- Division of Child & Family Services** offers child protection services, family case plans, emergency shelter, counseling and youth services.....374-7005
- Family Support & Treatment Center** provides a crisis nursery and play therapy for children who are victims of domestic violence. Therapy and support groups are also available for parents and families.....229-1181
- Intermountain Specialized Abuse Treatment Center** offers assessment and treatment to victims and perpetrators of sexual abuse and domestic violence.....373-0210
- Utah Legal Services** provides assistance with protective orders and representation by an attorney.....1-800-662-4245

ANXIETY/ DEPRESSION

- Anger Management Class** offered through Turning point at the MATC.....863-7580
- Bereavement Support Group** class offered by IHC for coping with death of loved ones.....225-0584
- Institute for Cognitive Therapy** provides anger management classes, and counseling.....802-8608

COMMUNITY ACTIVITIES

- 4-H Mentoring: Youth and Families with Promise**.....851-8435
- ACCESS/ IMPACT** is a mentor program offered by BYU for children ages 3-17.....422-8686
- Boy Scouts of America**.....437-6222
- Boys & Girls Club of Utah County** provides a safe place for fun, social, educational and recreational activities for children 6-12 yrs old.....370-4615
- Girl Scouts of Utah** offers educational and social activities to help girls develop leadership and citizenship skills.....224-9852
- The Center** is a facility for teenagers who live in Provo. A variety of classes and activities are offered.....852-7635
- Community Action Youth Program** is a youth mentor program offered through Community Action Services for children and youth ages 8-17.....373-8200
- Safety Net Mentor Program** is a mentor program for at-risk youth in the community who are referred to the program by schools and agencies.....374-7637

COUNSELING

- BYU Comprehensive Clinic** services include individual and family counseling, parenting groups, evaluations and referrals.....422-7759
- Family Support & Treatment Center** provides a crisis nursery and play therapy for children who are victims of domestic violence. Therapy is also offered to parents and families.....229-1181
- Wasatch Mental Health** provides intake and group and individual therapy for people with mental illnesses who have Medicaid.....373-4760
- Institute for Cognitive Therapy** provides individual and group therapy for mental health, substance abuse or domestic violence issues..... 268-2887

Crisis/ Support Lines

Crisis Line of Utah County.....226-4433
Center for Women & Children in Crisis offers a 24-hour hotline for victims of domestic violence and rape.....377-5500

Disability

Access Utah Network provides information and referral service regarding issues related to people with disabilities.....1-800-333-8824

Learning Disability Association of Utah
.....(801) 553-9156

Recreation & Habilitation Services (RAH!) provides educational, recreational and social activities for individuals age 4 and older with developmental and/or physical disabilities.....374-8074

Rise, Inc. provides 24-hour residential care, respite care, family support and host homes.....373-1197

Tri Connections provides community living, support, job placement, mental health services, fiscal agents and day services.....343-3900

Employment

Department of Workforce Services offers youth-specific programs for employment support and training services. Career counseling is also available

- Spanish Fork.....794-6600
- American Fork.....492-4500
- Provo.....342-2600

Food/ Clothing

Community Action Regional Food Bank for individuals and families who are economically disadvantaged, and offers other self-sufficiency services.....373-8200

Food and Care Coalition serves hot meals to individuals and couples who are homeless, low-income or transient.....373-1825

Kids Cause provides eyeglasses, clothing, dental or medical services to children in public schools as referred by a Kids Cause Coordinator.....224-2055

Health Services

CHIP (Children's Health Insurance Program) is a federal program for children who do not have health insurance.....1-877-549-1663

Community Health Connect increases health care access to low-income, uninsured and minority residents.....818-3016

Health Clinics of Utah provides primary care and accepts Medicare, Medicaid, PCN, and self-pay.....374-7011

Mountainlands Community Health Center offers primary medical and dental care for low-income and medically under-served populations..... 374-9660

Primary Care Network provides health insurance to eligible low-income adults.....1-888-222-2542

R.X. Connect Prescription Help.....1-866-221-0265

Volunteer Care Clinic provides basic medical care to low-income individuals with no insurance.....812-8094

Utah County Health Department..... 851-7000

Parenting/ Children

Family Support & Treatment Center offers Parenting Skills classes for children and families who are dealing with the effects of abuse.....229-1181

Kids Self-Esteem Groups ages 5-8 & 9-12.....229-1181

Turning Point at the MATC offers Parenting Skills Class
.....863-7580

Family Support & Treatment Center offers Teen Support Group for teenagers ages 13-18..... 229-1181

Tough Love International offers parenting classes for parents of troubled teens.....375-6488

Runaways

Division of Child & Family Services374-7005

National Runaway Switchboard1-800-RUNAWAY

Vantage Point Youth Services offers parenting classes on diverting runaway/ungovernable youth, ages 12-18, from the juvenile justice system.....373-2215

Substance Abuse

Adolescent Tobacco Cessation Classes offers support group for teens to quit smoking.....851-7095

Alanon offers support group for families of individuals who are struggling with substance abuse.....375-8620

Alateen offers support group for teens living with an Alcoholic.....375-8620

Gathering Place offers an outpatient facility for individuals dealing with substance abuse. Youth groups, recreational therapy and prenatal groups are also offered.....226-2255

Utah County Division of Substance Abuse851-7128

Volunteer Placement

United Way Volunteer Center helps find volunteer opportunities for groups, families, youth and individuals211 or 377-6600