

SENIOR RESOURCES

United Way. We focus on what matters.

United Way of Utah County Information & Referral provides access to health and human service resources, providing options to help alleviate the challenges accompanying difficult circumstances.

By providing appropriate referrals, we empower individuals to achieve self-sufficiency and, thereby, focus on what matters.

ABUSE, NEGLECT & SEXUAL ASSAULT

Adult Protective Services assists in preventing or discontinuing abuse of adults, Adult Day Care, Adult Foster Care, Adult Protective Services, The Alternative Program, Care in the Home of a Relative, Homemaker/Personal Care, Protective Financial Arrangements374-7236

CRISIS INTERVENTION

Crisis Line of Utah County is a 24-hour hotline helps callers in crisis and gives emergency referrals.....226-4433

EMPLOYMENT SERVICES

Department of Workforce Services provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps

- American Fork.....492-4500
- Provo.....342-2600
- Spanish Fork.....794-6600

LDS Employment Center assists with job referral, training and rehabilitative placement.....818-6161

Turning Point offers classes and training for people re-entering the workplace863-7580

Experience Works provides part-time, minimum wage employment opportunities and training for people 55 and older. Must meet income guidelines to qualify.....1-800-288-1324

Senior Companion allows senior citizens to act as companions to other senior citizens. Usually work 20 hours a week and receive small stipend for their services.....851-7767

Division of Rehabilitation Services provides training for people with mental, physical or emotional disabilities with a barrier to employment (with the goal of employment).....374-7724

FINANCIAL ASSISTANCE

Community Action assists with temporary financial, food, and sheltering services for families.....373-8200

Department of Workforce Services provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps

- American Fork.....492-4500
- Provo.....342-2600
- Spanish Fork.....794-6600

FOOD ASSISTANCE

Community Action Regional Food Bank supplies emergency food to families in need.....373-8200

Department of Workforce Services facilitates food stamps

- American Fork.....492-4500
- Provo.....342-2600
- Spanish Fork.....794-6600

Meals on Wheels delivers hot meals to homebound senior citizens229-3802

HEALTH CARE

Community Health Connect gives referrals for primary and specialized healthcare (habla espanol).....818-3015

Community Nursing Services offers hospice and home health services.....224-8138

Health Clinics of Utah provides primary care. Accepts Medicare, Medicaid, PCN and private pay.....374-7011

Medicaid (national information line).....800-662-9651

Medicare (national information line).....800-MEDICARE

Mountainlands Community Health Center provides primary medical and dental care for low-income and medically under-served populations

- Medical/Mental374-9660
- Dental.....429-2012

HEALTH CARE (CONTINUED)

- Primary Care Network** provides health insurance to eligible low-income adults.....1-888-222-2542
- RX Connect Prescription Help**.....1-800-622-4245
- Utah County Health Department** promotes public health, provides flu shots, immunizations, wellness clinics and cancer screenings.....851-7000
- Volunteer Care Clinic** provides basic medical care to low-income individuals with no insurance.....812-8094

HOME HEALTH

- Community Nursing Services** offers home health aids and respite care.....224-8138

LEGAL SERVICES

- BYU Law Help** provides legal advice and assistance without representation.....422-3025
- Utah Legal Services** represents low-income individuals in domestic, civil and public issues.....374-6766

HOME HEALTH AGENCIES

- Area Agency on Aging** provides information and referral for senior issues.....229-3804

COMMUNITY SUPPORT

- American Association of Retired Persons (AARP)** provides driver improvement courses, voter education, assistance completing federal and state tax returns.....1-866-448-3616
- Area Agency on Aging** provides information and referral for senior issues.....229-3804
- American Red Cross** provides support to elderly and disabled individuals through telephone calls. Also provides utilities assistance during winter months to low-income, elderly individuals..... 373-8580

TRANSPORTATION

- Utah Valley Paratransit** Provides transportation to senior citizen centers county-wide under direction of senior citizen centers and MAG.....1-877-882-7272
- Eldred Center** provides a “55 Alive Class” - A defensive driving class for seniors.....852-6620

SHELTERING & HOUSING SERVICES

- Community Action** provides temporary sheltering service and housing counseling for families373-8200
- Food and Care Coalition** provides temporary sheltering services for individuals.....373-1825
- Housing Authority of Utah County** provides decent and affordable housing to low-income families.....373-8333
- Housing Services of Utah Valley** helps families with loan-to-own programs and down payments.....687-9844
- Neighborhood Housing Services of Provo** provides loans for home improvement and home ownership, sponsors beautification and crime prevention activities...375-5820
- Provo Housing Authority** provides decent and affordable housing to low-income families in Provo.....852-7080

SENIOR CITIZEN SERVICES

- American Red Cross** facilitates utilities assistance program for senior citizens and daily telephone support.....373-8580
- Area Agency on Aging** provides in-home services and advocacy for the elderly..... 229-3804
- Community Action Services** facilitates outreach and in-home referrals for senior citizens373-8200
- Senior Companion Program** provides companionship and supportive services for senior citizens..... 851-7767
- Adult Protective Services** assists in preventing or discontinuing abuse, neglect or exploitation of vulnerable adults.....374-7236

DISABILITY SERVICES (MENTAL & PHYSICAL)

- Access Utah Network** provides the most current and accurate referrals for disability issues..1-800-333-UTAH
- Services for People with Disabilities** promotes opportunities and family support.....374-7005
- Recreation and Habilitation Services (RAH!)** provides recreational and social therapy.....374-8074
- Rise, Inc.** provides 24-hour residential care, respite care, family support, and host homes.....373-1197
- Tri Connections** provides community living, support, job placement, mental health services, fiscal agents and day services343-3900
- Central Utah Center for Independent Living** provides independent living skills training, classes, information and referral for disability-related services, initiate community changes to accommodate people with disabilities.....373-5044