

MAY VOLUNTEER OPPORTUNITIES

UNITED WAY . . . TOGETHER WE CAN DO MORE

The United Way Volunteer Center focuses on what matters in Utah County by promoting effective service and connecting community members to volunteer opportunities that will have the greatest impact.

After much research, the three priority areas listed below have been identified as pressing issues in Utah County. These three areas are also areas where a collaborative community effort can have a major impact in creating lasting change and preventing problems from happening.

PREPARING CHILDREN TO SUCCEED IN SCHOOL AND BEYOND

•Care for Children with Special Needs

Watch children with disabilities to give parents and caregivers a break. Volunteer with Friday's Kids Respite to provide free time for parents to regroup, for couples to focus on each other and for parents to spend some one-on-one time with their other children. Volunteers are particularly needed on the fourth Friday of each month in Salem. Contact Toshiko at 494-9837 for details.

•Assist with Therapeutic Horseback Riding

Courage Reins is looking for volunteers to help with therapeutic horseback riding activities. Volunteers are particularly needed during the daytime school hours, Tuesday through Friday until the end of May. Prior experience with horses is not necessary. Contact Bekka at 756-8900.

CREATING A COHESIVE COMMUNITY

•Be a Medical or Dental Interpreter

Community Health Connect is looking for bilingual volunteers to assist with interpreting at medical and dental appointments for non-English speaking clients. Doctors and dentists are volunteering their time to help, but your help is needed to bridge the language barrier. Contact Liz at 818-3011 for more information.

BUILDING FINANCIALLY STABLE FAMILIES

•Help Students Obtain a Diploma

Tutor and motivate 9th through 12th grade students at East Shore High in Orem to help them obtain their high school diploma. Volunteers are needed in different subjects that vary according to educational levels and individual teachers. Spring is East Shore High's busiest time of year, and tutors in English, math, and science are particularly needed. Volunteers should have a high school diploma or equivalent. Contact Ashley at 277-2400 for details.

SUMMER OF SERVICE FOR KIDS AND YOUTH!

• School is Out and It's Time to Serve

The United Way of Utah County Volunteer Center has designed a program to encourage youth under age 18 to serve in their community.

Through this program, youth are invited to participate in organized group service projects and are provided with volunteer opportunity ideas at local agencies. Youth are also encouraged to meet needs by tutoring a child, hosting a food drive, helping an elderly neighbor, or organizing a project of their own.

For Summer of Service, youth will need to complete at least 10 service hours and record a reflection on at least one service activity. Youth who complete the program will be invited to a celebration event.

To sign-up, please contact United Way of Utah County at 2-1-1 or jharmon@unitedwayuc.org.

For more volunteer opportunities, call 2-1-1 or visit www.unitedwayuc.org and click on "Volunteer."