

RESOURCES FOR PEOPLE WITH DISABILITIES

United Way. We focus on what matters.

United Way of Utah County Information & Referral provides access to health and human service resources, providing options to help alleviate the challenges accompanying difficult circumstances. By providing appropriate referrals, we empower individuals to achieve self-sufficiency and, thereby, focus on what matters.

ABUSE, NEGLECT & SEXUAL ASSAULT

- Adult Protective Services** assists in preventing or discontinuing abuse, neglect or exploitation of vulnerable adults.....800-371-7897
- Center for Women & Children in Crisis** provides 24-hour service for victims of domestic violence and rape...374-9351
- Division of Child & Family Services** investigates reports of child abuse or domestic violence.....374-7005
- Family Support & Treatment Center** offers child abuse prevention, therapy and a crisis nursery..... 229-1181
- Intermountain Specialized Abuse Treatment (ISAT) Center** offers counseling for victims and perpetrators. Sliding scale or insurance accepted.....373-0210
- Utah County Child Abuse Prevention Team**.....851-8554
- Utah County Children’s Justice Center**.....851-8554
- Utah Valley Regional Medical Center** provides limited counseling services for victims of abuse..... 373-7850

COUNSELING

- BYU Comprehensive Clinic** provides family, marriage and individual counseling at a sliding-scale rate.....422-7759
- Family Support & Treatment Center** provides therapy and support groups for victims of child abuse and domestic violence.....229-1181
- Heber Valley Counseling** provides substance abuse treatment and general counseling.....435-654-1618
- LDS Family Services** counsels families, spouses, children, individuals and in adoptive situations.....422-7620
- Learning Disability Association**801-553-9156
- Wasatch Mental Health** provides crisis intervention and counseling services with Medicaid clients.....373-4760
- Up with Downs** is a Downs Syndrome group for parents.....489-8594

CRISIS INTERVENTION

- Center for Women & Children in Crisis** provides a 24-hour hotline for victims of rape and domestic violence...377-5500
- Crisis Line of Utah County** is a 24-hour hotline helps callers in crisis and gives emergency referrals.....226-4433
- Wasatch Mental Health** provides 24-hour intake for callers in crisis and provides assessment.....373-7393

EDUCATIONAL SERVICES

- Alpine School District Special Education**756-8410
- English for Speakers of Other Languages (ESOL)** teaches English language skills in Provo.....374-4904
- Family Literacy Centers** offers literacy support for parents and children in Utah County.....426-9970
- Kids on the Move** offers early intervention for children ages 0-3 within Alpine School District.....221-9930
- Kids Who Count** is an early intervention program for children ages 0-3 within Nebo School District.....423-3000
- Nebo School District Adult Education** provides resources for earning a GED and/or high school diploma.....489-2833
- Nebo School District Special Education**354-7416
- Oakridge School** offers special education for Provo and Nebo school district students ages 5-21.....374-4915
- Peterson School** provides special education for Alpine School District students ages 5-21.....756-8551
- Project Read** tutors functionally non-literate adults in basic literacy skills.....852-6654
- Provo Early Education Program (PEEP)** is an early intervention program for children ages 0-3 within Provo School District.....374-4965
- Provo School District Adult Education** provides resources for earning a GED and/or high school diploma374-4930
- Provo School District Special Education**.....374-4934

EMPLOYMENT SERVICES

- Alpine Transition & Employment Center** provides day training and supported employment.....785-8727
- Central Utah Enterprises** provides community employment placement, training and assessments.....375-0414
- Department of Workforce Services** provides employment, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps
 - American Fork.....492-4500
 - Provo.....342-2600
 - Spanish Fork.....794-6600
- LDS Employment Center** assists with job referral, training and rehabilitative placement.....818-6161

FINANCIAL & FOOD ASSISTANCE

- Community Action** assists with temporary financial, food, and sheltering services for families.....373-8200
- Department of Workforce Services** provides employment, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps
- American Fork.....492-4500
 - Provo.....342-2600
 - Spanish Fork.....794-6600
- Food and Care Coalition** serves hot meals.....373-1825
- Meals on Wheels** delivers hot meals to homebound senior citizens.....229-3802
- Social Security Administration** partially compensates income and provides benefits.....377-5651

HEALTH CARE

- Children's Health Insurance Program (CHIP)** provides children access to health care.....888-222-2542
- Community Health Connect** gives referrals for primary and specialized health care (habla espanol).....818-3015
- Community Nursing Services** offers hospice and home health services.....224-8138
- Health Clinics of Utah** provides primary care and accepts Medicare, Medicaid, PCN and private pay.....374-7011
- Medicaid (national information line)**.....800-662-9651
- Medicare (national information line)**.....800-MEDICARE
- Mountainlands Community Health Center** provides primary medical and dental care for low-income and medically under-served populations
- Medical/Mental374-9660
 - Dental.....429-2012
- Primary Care Network** provides health insurance to eligible low-income adult888-222-2542
- RX Connect Prescription Help**.....866-221-0265
- Utah County Health Department** promotes public health, provides immunizations, wellness clinics and cancer screenings.....851-7000
- Utah Medical Assistance Program (UMAP)** provides health care for low-income population not eligible for Medicaid/Medicare.....374-7011
- Volunteer Care Clinic** provides basic medical care to low-income individuals with no insurance.....812-8094

INDEPENDENT LIVING

- Access Utah Network** provides the most current and accurate referrals for disability issues.....800-333-UTAH
- ARC of Utah** provides advocacy, support and education to those with disabilities and their families.....364-5060
- Central Utah Center For Independent Living** promotes independence for people with disabilities.....373-5044
- Division of Services for People with Disabilities** promotes opportunities and family support374-7005
- Rehabilitation Services** provides vocational training, job placement, assistive technology treatment.....374-7724
- Rise, Inc.** provides 24-hour residential care, respite care, family support and host homes.....373-1197

PARENTING AND FAMILY SUPPORT SERVICES

- Easter Seals Utah** enriches the lives of people with disabilities and their families.....800-221-6827
- Parent Education Resource Centers (PERC)** provides educational materials for parents and children
- Provo School District370-4618
 - Alpine School District.....229-7390
- Mountainland Head Start** provides education and resources for families with preschool-age children.....375-7981
- Success By 6 Welcome Baby** provides visits and resources for first-time parents of infants.....851-7059
- Centro de la Familia** provides a headstart program for migrant families and classes for parents.....754-0700

SHELTER & HOUSING SERVICES

- Community Action** provides temporary sheltering service and housing counseling for families.....373-8200
- Food and Care Coalition** provides temporary sheltering services for individuals.....373-1825
- Housing Authority of Utah County** provides decent and affordable housing to low-income families.....373-8333
- Housing Services of Utah Valley** helps families with loan-to-own programs and down payments.....687-9844
- Neighborhood Housing Services of Provo** provides loans for home improvement and home ownership, sponsors beautification and crime prevention activities.....375-5820
- Provo Housing Authority** provides decent and affordable housing to low-income families in Provo.....852-7080

LEGAL SERVICES

- Community Mediation Center** provides conflict resolution for civil and domestic disputes outside of court.....863-7919
- BYU Law Help** provides legal advice and assistance without representation and clinics for immigrants.....422-3025
- Disability Law Center** enforces and strengthens laws that protect people with disabilities.....800-662-9080
- Utah Legal Services** represents low-income individuals in domestic, civil and public issues.....374-6766

TRANSPORTATION

- Utah Valley Paratransit** provides curbside transportation for those unable to use UTA.....374-9306
- Utah Transit Authority (UTA)** public transportation available across the Wasatch Front.....888-743-3882

THERAPEUTIC RECREATION

- Courage Reins Therapeutic Riding Center** provides therapeutic horse-riding lessons.....362-0082
- Orem Fitness Center** offers adaptive aquatics.....229-7154
- Recreation and Habilitation Services (RAHI)** provides recreational and social therapy.....374-8074
- Utah Special Olympics** provides year-round therapeutic training and competition in a variety of sports...800-722-1589