

COMMUNITY RESOURCES

United Way. We focus on what matters.

United Way of Utah County Information & Referral provides access to health and human service resources, providing options to help alleviate the challenges accompanying difficult circumstances.

By providing appropriate referrals, we empower individuals to achieve self-sufficiency and, thereby, focus on what matters.

ABUSE, NEGLECT & SEXUAL ASSAULT

- Center for Women & Children in Crisis** provides 24-hour service for victims of domestic violence and rape...377-5500
- Division of Child & Family Services** investigates reports of child abuse or domestic violence.....374-7005
- Children’s Justice Center** assesses child victims of abuse referred by Child and Family Services.....851-8554
- Family Support & Treatment Center** offers child abuse prevention, therapy and crisis nursery..... 229-1181
- Intermountain Specialized Abuse Treatment (ISAT) Center** offers counseling for victims and perpetrators. Sliding scale or insurance accepted.....373-0210
- Adult Protective Services** helps prevents or stops abuse, neglect or exploitation of vulnerable adults..1-800-371-7897
- Provo Police Department** provides Spanish-speaking therapy groups and services to victims of domestic violence.....852-6375
- Victim’s Advocate Program** assists victims of violent crimes with protective orders, reparations and other support.
 - Alpine/Highland**.....756-9800
 - American Fork**.....763-3020
 - Lehi**.....768-7117
 - Orem**.....229-7128
 - Pleasant Grove**.....785-3506
 - Provo**.....852-6375
 - South Utah County**.....465-5224
 - Springville/Mapleton** (ask foradvocate).....489-9421
 - Utah County Sheriff’s Office**.....343-4336
 - Wasatch County**.....435-657-3300

COUNSELING

- BYU Comprehensive Clinic** provides family, marriage and individual counseling at a sliding-scale rate.....422-7759
- Family Support & Treatment Center** provides therapy and support groups for victims of child abuse and domestic violence.....229-1181
- Heber Valley Counseling** provides substance abuse treatment and general counseling at a sliding scale435-654-1618
- LDS Family Services** counsels families, spouses, children, individuals and adoptive counseling.....422-7620
- Wasatch Mental Health** provides crisis intervention and counseling services with Medicaid clients.....373-4760

CRISIS INTERVENTION

- Center for Women & Children in Crisis** provides a 24-hour hotline for victims of rape and domestic violence..377-5500
- Crisis Line of Utah County** is a 24-hour hotline helps callers in crisis and gives emergency referrals.....226-4433
- Wasatch Mental Health** provides a 24-hour intake and assessment for callers in crisis.....373-7393
- Vantage Point** mediates parent/child conflict between youth ages 11-17 and their families.....373-2215

EDUCATIONAL SERVICES FOR ADULTS

- English for Speakers of Other Languages (ESL)** teaches English language skills in Provo.....374-4904
- Family Literacy Centers** offers literacy support for parents and children in Utah County.....426-9970
- Mountainland Applied Technology College** provides short-term technical training and classes.....863-7662
- Mountainland Regional Learning Center** provides resources for earning GED and/or high school diploma.....863-7613
- Nebo School District Adult Education** provides resources for earning GED and/or high school diploma.....489-2833
.....(Suzanne) 489-2840
- Project Read** tutors functionally non-literate adults in basic literacy skills.....852-6654
- Provo School District Adult Education** provides resources for earning GED and/or high school diploma374-4930

EMPLOYMENT SERVICES

- Department of Workforce Services** provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps
 - American Fork.....492-4500
 - Provo.....342-2600
 - Spanish Fork.....794-6600
- LDS Employment Center** assists with job referral, training and rehabilitative placement.....818-6161
- Turning Point** offers classes and training for people re-entering the workplace863-7580

FINANCIAL ASSISTANCE

- Community Action** assists with temporary financial, food, and sheltering services for families.....373-8200

Department of Workforce Services provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps

- American Fork.....492-4500
- Provo.....342-2600
- Spanish Fork.....794-6600

Office of Recovery Services helps collect child support and alimony www.ors.utah.gov.....374-7233

FOOD ASSISTANCE

Community Action Food Bank supplies emergency food to families in need.....373-8200

Department of Workforce Services facilitates food stamps

- American Fork.....492-4500
- Provo.....342-2600
- Spanish Fork.....794-6600

Meals on Wheels delivers hot meals to senior citizens who are homebound.....229-3802

Women, Infants and Children (WIC) offers nutritional counseling and food assistance for families.....851-7300

HEALTH CARE

Children’s Health Insurance Program (CHIP) provides children access to health care.....888-KIDS-NOW

Community Health Connect gives referrals for primary and specialized health care (habla espanol).....818-3015

Community Nursing Services offers hospice and home health services.....224-8138

Health Clinics of Utah provides primary care. Accepts Medicare, Medicaid, PCN and private pay.....374-7011

Medicaid (national information line).....800-662-9651

Medicare (national information line).....800-MEDICARE

Mountainlands Community Health Center provides primary medical and dental care for low-income and medically under-served populations.....374-9660

Primary Care Network provides health insurance to eligible low-income adult1-888-222-2542

RX Connect Prescription Help.....1-866-221-0265

Utah County Health Department promotes public health, provides immunizations, wellness clinics and cancer screenings.....851-7038

Volunteer Care Clinic provides basic medical care to low-income individuals with no insurance.....812-8094

LEGAL SERVICES

BYU Law Help provides legal advice and assistance without representation, and clinics for immigrants.....422-3025

Utah Legal Services represents low-income individuals in domestic, civil and public issues.....374-6766

PARENTING AND FAMILY

Child Care Resource & Referral provides classes for daycare providers and referrals to daycare..... 863-8220

Mountainland Head Start provides education and resources for families with preschool-age child375-7981

Migrant Headstart Program provides a headstart program for migrant families and classes for parents.....754-0700

Parent Education Resource Centers (PERC) facilitates educational materials for parents and children

- Provo School District785-9673
- Alpine School District.....229-739

Success By 6 Welcome Baby delivers informational home visits for first-time parents of infants.....691-5304

SHELTERING & HOUSING SERVICES

Community Action provides temporary sheltering service and housing counseling for families.....373-8200

Food and Care Coalition provides temporary sheltering services for individuals.....373-1825

Housing Authority of Utah County provides decent and affordable housing to low-income families.....373-8333

Housing Services of Utah Valley helps families with loan-to-own programs and down payments.....623-1644

Neighborhood Housing Services of Provo provides loans for home improvement and home ownership, sponsors beautification and crime prevention activities.....375-5820

Provo Housing Authority provides decent and affordable housing to low-income families, elderly, and disabled in Provo.....852-7080

Weatherization provides basic overall weatherization. Both a waiting list and a crisis applications available.....344-5184

SENIOR CITIZEN SERVICES

American Red Cross facilitates utilities assistance program for senior citizens and daily telephone support.....373-8580

Area Agency on Aging provides in-home services and advocacy for the elderly..... 229-3804

Community Action Services facilitates outreach and in-home referrals for senior citizens373-8200

Senior Companion Program provides companionship and supportive services for senior citizens..... 851-7767

Adult Protective Services helps prevents or stops abuse, neglect or exploitation of vulnerable adults....1-800-371-7897

SUBSTANCE ABUSE TREATMENT

Utah County Division of Substance Abuse provides services for overcoming substance a use.....851-7127

Gathering Place helps individuals and families overcome substance abuse through outpatient treatment.....226-2255

Alcoholics Anonymous, Alanon & Alateen helps alcoholics and their families overcome alcoholism.....375-8620

Heber Valley Counseling provides drug and alcohol treatment and counseling on a sliding scale.....435-654-3003

DISABILITY SERVICES (MENTAL & PHYSICAL)

Access Utah Network provides the most current and accurate referrals for disability issues.....1-800-333-UTAH

Division of Services for People with Disabilities promotes opportunities and family support374-7005

Recreation and Habilitation Services (RAH!) provides recreational and social therapy.....374-8074

Rise, Inc. provides 24-hour residential care, respite care, family support, and host homes.....373-1197

Tri Connections provides community living, support, job placement, family support and day services.