

UNITED WAY OF UTAH COUNTY
VOLUNTEER OPPORTUNITIES FOR GROUPS



For more group opportunities call 2-1-1 or visit www.unitedwayuc.org/volunteer

Help low-income families at **Community Action Services and Food Bank**, 373-8200 ext. 247, by organizing food drives, collecting hygiene items and sorting donated items.

Volunteer groups are welcome at **Family Support and Treatment Center** in Orem, 229-1181, to deep clean the crisis nursery, beautify the grounds and host volunteer recognition events.

Host activities such as softball games, carnivals and dances for individuals with mental illnesses at **Utah State Hospital**, in Provo, 344-4254.

Groups over the age of 21 are welcome to tutor, host sports games, teach skills and organize other activities for youth at **Juvenile Justice Services** in Springville, 491-0118. Younger groups are invited to make quilts, stationary or other items for youth.

Help adults with disabilities participate in social activities at **Recreation and Habilitation Services (RAH!)**, 374-8074. Plan an onsite activity in Provo or anywhere in the county. Groups are also welcome to host fundraisers and help beautify the building.

Assist with child care at **Kids on the Move** in Orem, 221-9930, while parents of children with disabilities are in classes. Groups can also help by making c-pillows, stretchy bibs, or by helping with building maintenance.

Donate items like twin-sized or larger quilts, food, household items such as cleaning and laundry supplies, hygiene kits and baby items. To find out where your donations can make the biggest difference, contact United Way of Utah County Volunteer Center at 2-1-1 or 377-6600.